



Basic Health  
Care College  
Fredericia · Vejle · Horsens





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## The Danish Care Model

Danish policy calls for allowing the elderly to remain in their own homes for as long as possible. At home where they have lived with their families, friends and neighbors, and where they feel at safe.

If an elderly falls ill or lose functional abilities, he or she can be provided with home help and home nursing. Such care is provided free as part of the Danish welfare model, and is based on qualified social and health care personnel visiting the elderly at home, and assisting with daily living activities any given person no longer can perform him-/herself.

These activities can range from personal care to cleaning. Assistive welfare technology is also being introduced to an ever greater extent in various forms.



Nevertheless, any elderly client unable to care for themselves at home can move into a care home, where they will receive more intensive care and treatment. Care homes are designed to provide each resident with a private apartment. Care homes are furnished with own possessions, to ensure the homely feeling.

Apart from professional care, residents are provided with a wide range of activities and rehabilitation. They pay rent, but care is provided free of charge in accordance with the Danish welfare model.











# Center for Welfare Technology of Western Denmark

A part from being a College the Basic Health Care College of FVH is also a Center for Welfare and Assistive Technology appointed by the Ministry of Education in Denmark.

Being a Center for Welfare technology means that we are researching and developing knowledge about:

1. Welfare Technology aiming at facilitating daily living for patients whether they are in their own homes, in nursing facilities or in hospitals
2. Teaching and learning technology, which means including modern educational technology in our programmes and classes
3. Simulation.

Simulation is a method where we aim at creating a care situation that is as close to real patient situations as possible. We do this in order to:

- Give students a better basis for real practice situations
- Train hands on in order to develop routine
- Establish connection between knowing that, knowing why and knowing how.
- Secure patient safety
- Secure student engagement

At our college as well as in Center for Welfare Technology of Western Denmark we will research and develop knowledge on how technology and simulation can facilitate education and training of health care professionals, who are able to face challenges in health care now and in the future in order to continuously develop their own practice.

# The Basic Health Care College Fredericia - Vejle - Horsens

At the Basic Health Care College Fredericia-Vejle-Horsens we train personnel for the social and health care and child care fields. The college has a staff/faculty complement of around 150, 2000 students and is based in the south western part of Denmark, with departments in each of the four market towns of Kolding, Fredericia, Vejle and Horsens.

The college is a self-governing institution financed by the state.

Education programmes at The Basic Health Care College Fredericia-Vejle-Horsens consist of one or two basic courses and a main programme. The student must enter into a training agreement with a company approved by the social partners (a confederation of representatives of employers and employees) in order to be enrolled in the main programme.

## Basic courses

Students who enter the basic course directly from lower secondary education must attend two consecutive basic courses (basic course 1 and 2 - in total 40 weeks), whereas other students start directly at basic course 2.

Basic course 2 is flexible in duration and depends on the individual student's prior qualifications. Typical length of such a basic course is 20 weeks.

## Main programme

After the basic programme the student is enrolled in the VET main programme. It is in the main programme that the practical training takes place.

The students alternate between school based and practice based learning in a dual system.

## Social - and health care helper

Typical length of the main programme is 1 year and 2 months. However the main programme is flexible in duration and depends on the individual student's prior qualifications.

The work assignments of a social- and health service helper include assisting mostly elderly people in practical and personal areas and basic hygiene as well as implementing physical activity. The theoretical part includes health studies, social science subjects, pedagogy with psychology,







physical activity and practical subjects as well as Danish, English and science subjects. Practical training takes place in the homes of citizens as well as in nursing homes.



### **Social - and health care assistant/associate degree in nursing**

Typical length of the main programme is 3 years and 7 months. However the main programme is also flexible in duration and depends on the individual student's prior qualifications.

The work assignments of a social- and health care assistant include care, basic nursing and implementation of physical activity to elderly people as well as ill and disabled people. (Rehabilitation). This takes place at hospitals, mental institutions and in the homes of citizens and nursing homes.

The theoretical part of the programme includes health and nursing studies, medical subjects, social science subjects, pedagogy with psychology,

cultural and physical activity subjects as well as Danish, English and science subjects. Practical training takes place in somatic and psychiatric hospitals as well as in community care facilities and nursing homes.

### **Pedagogical assistant/early childhood care/special pedagogical care**

Typical length of the main programme is 3 years. However the main programme is also flexible in duration and depends on the individual student's prior qualifications.

The work assignments of a pedagogical assistant include child care as well as care for children and adults with special needs.

The theoretical part of the programme includes pedagogy, cultural-activity related subjects, health studies, physical education as well as language, communication and psychology and social science. Practical training takes place in kindergartens, crèches, after school recreation and 24-hour care centers and other pedagogical alternatives.

The length of the theoretical part of the program is 47 weeks and the length of the vocational part of the program is 45 weeks.

### **Approach and additional offers**

All education programmes are based on problem-centered thematic learning, and students are offered a variety of teaching methods in order to secure different learning styles.



All students have a personal learning plan, and the school offers individual support to students in need of special educational assistance i.e. dyslexia and homework assistance. Furthermore, the school offers psychological counseling and mentor/mentee programs.

### **Other educational activities**

The Basic Health Care College Fredericia-Vejle-Horsens provides a range of other educational activities. These include supplementary training and qualifying job-retraining programs for employees in the labour market (AMU courses) plus further education related to the basic programmes.



# Basic course

Directly from elementary school  
or with max. one year delay ▼

## Basic course 1

With or without \*EUX  
20 weeks

### Admission requirements basic course 1

grade point average 02 in Danish  
(G-level) and math (G-level) from  
elementary school or equivalent test

More than one year after  
elementary school ▼

## Basic course 2

Social- and Health Care Helper  
20 weeks

## Basic course 2

Social- and Health Care Assistant  
(with or without EUX)  
20 weeks

## Basic course 2

Pedagogical Assistant  
(with or without EUX)  
20 weeks

### Admission requirements basic course 2

Basic course 1 (with EUX for basic course 2  
with EUX). Or 02 in both Danish (G-level)  
and math (G-level) for basic course 2 EUX  
Danish, English and Social Studies at C-level.

\* Combined vocational and general upper  
secondary education (EUX)

# Main programmes

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## Social- and Health Care Helper

One year and two months

## Social- and Health Care Assistant

Two years, nine months and three weeks

With EUX: Three years and seven months

## Pedagogical Assistant

Two years and one and a half months

With EUX: Three years

## Admission requirements for the main programmes

A completed basic course 2. For the EUX the student must have completed a basic course 2 with a EUX.

Turn to next page ►



# Opportunities for further education

## Direct access with Social- and Health Care Assistant

- Nurse
- Pedagogue
- Pharmaconomist
- Diakonia or social education
- Social worker

The EUX is equivalent to secondary education/high school

## Access with supplementary subjects

- Occupational Therapist
- Physiotherapist
- Midwife
- Dental hygienist
- Medical Laboratory Technologist
- Radiographer
- Psychomotor therapist
- Disaster and risk manager
- Nutrition and Health

## Direct access with Pedagogical Assistant

- Pedagogue

## Access with supplementary subjects

- Social worker
- Psychomotor therapist
- Disaster and risk manager



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